

Tipping Point

Sometimes obvious things take a while to register with me. We were watching a video at Parish Council about how North Americans are bombarded every day with messages that tell us we just need to acquire more stuff or buy better products in order to be happy. It's a lie, of course – but even the most media-savvy among us can be seduced by the lure of contentment through consumption. The perverse irony (or tragic paradox) is that, from a global perspective, we seek more while we already have far more than we need. Compare that to the stories we sometimes hear from North Americans who spend time in the developing world about how people in poor countries know real gratitude and joy in the midst of extreme poverty. Why is it that we who have so much can't feel good until we get more while people with nothing appreciate what they already have? It's as if our whole culture has a hoarding disorder.

That's when the penny dropped. I realized there's a significant moment in the journey of discipleship when our perspective shifts – away from anxiety over what we don't have towards gratitude for what we do have. It's the point at which true contentment becomes a possibility, as we appreciate what we have more than we fret about

what we don't have. This kind of transformation isn't limited to material things. Often the process of emotional healing involves a similar moment when we start paying less attention to what is lacking in our lives (because of pain, loss, or neglect) and begin noticing, perhaps for the first time, our beauty, strengths, resources, and gifts.

It's a kind of "tipping point". That term was popularized by Malcolm Gladwell's book *The Tipping Point: How Little Things Can Make a Big Difference* (2000) which explored how trends emerge in popular culture – but the term itself had already been around for decades to describe how rare phenomena all of a sudden become common. The analogy makes sense from our everyday experience: we've all observed how balanced scales can be tipped by just a little bit of extra weight.

This insight about a "tipping point" in discipleship fits with the two themes we are considering in Liturgy and Learning this Fall. Our theme before Thanksgiving ("Worthwhile") reminds us that we have value beyond anything we acquire, consume, or accomplish. We are worthwhile simply

because we are here: beloved children, made in the very image of the divine, capable of love and creativity, made for community, and endowed with a conscience for justice. We waste so much emotional energy beating up on ourselves for what we ARE NOT. We need to be reminded who we ARE and that "it is very good" (to quote the Creator). Appreciating our worthiness leads us to that tipping point where our appreciation for our fundamental value over-rides our sense of

guilt, shame, or unworthiness. Similarly, we waste so much relational energy dragging others down because of what's wrong

with them. We need to learn how to love others for who they are (rather than deriding them for who they aren't). Appreciating the worthiness of others also leads us to a tipping point where our appreciation for others' gifts and beauty overrides our anger or disappointment over their deficiencies.

Our theme after Thanksgiving ("Gratitude & Generosity") is all about nurturing that kind of tipping point where our gratitude for the abundance of God's goodness outweighs our bitterness at life's disappointments and

where our generosity toward others trumps our anxiety over what they may take from us. It's a significant milestone in the journey of discipleship because it occurs when we pay attention to the movement of God in and through our lives and our thinking, feeling, and acting begin to tip in the direction of gratitude and generosity. Small increases in our awareness of grace can shift the balance of contentment in our lives.

So... I wonder: where is the balance in your life? Is your attention focused more on anxiety over what's missing in your life or gratitude for the gifts that are already there? Does it feel like your fleeting or occasional awareness of grace is growing towards the tipping point?

We'll be exploring "Gratitude and Generosity" on Sunday mornings beginning with Thanksgiving Sunday and we are offering a companion program ("Four Weeks to a Richer Life") on Wednesday evenings at 7:30 p.m. beginning after Thanksgiving. Join us to discover how to increase your awareness of God's grace and grow in contentment.

This could change your life.



Small increases in our awareness of grace can shift the balance of contentment in our lives.

PRAYER LIST

by Noreen McNairn

There is a list each week in the bulletin, listing those individuals for whom your prayers are requested. I have been such a recipient for the past three weeks. My own prayer circle has widened to include Dutch Reform, Muslim, United Church, Lutheran, Ukranian Orthodox, and Roman Catholic – all of which really appeal to my ecumenical focus in faith. The reason? I need all the support that I (and you) can muster in order to confront what is in my future.

A chest x-ray on August 30 showed that I had pneumonia, non-responsive to antibiotic therapy. Thus I became a patient at the Joseph Brant, one of twenty or so in the emergency room, where I received excellent care and even got my appetite back when I dug into my

oatmeal and biscuit for breakfast! Two specialists and two blood transfusions later, I was discharged on the Friday but with a much more sobering diagnosis – a growth on the pancreas, possible bone marrow involvement, probable common bile duct tumour, and two growths in a now non-functioning left lung.

While I await the outcomes of the biopsies and other tests, I have really searched the inner me to truly define how I am reacting and why. I have complete faith in my own health care system and those who are caring for me. I am not afraid of the future, nor am I denying it. Death and life are part of the inevitable human cycle. I have my life experience in many years of nursing, surviving my son's death by suicide and my husband's sudden

death when my CPR was ineffectual. I have a very supportive family who are ready to share the future travails with me. My friends in and outside our community are extremely supportive. But you all need to know that my church family is extremely important to me now. Thus, it is a privilege for me to have your prayers requested on my behalf. These petitions are not aimed at cure but are rather requesting enhanced strength to deal with an as yet unknown, although dark, future. I am not alone on that list and know that all for whom your personal attention is requested, need your ongoing support and concern through the strength of prayer. Take your list home each Sunday and truly appreciate the power that your prayers can have.

HAVE YOU HEARD?

by Judy Jupp

- Barry Ribbons, who has appeared in this space because he is the champion pie seller, has recovered from the trauma of his heart attack, and is sitting in his pew, exactly where he belongs. Huge thanks for his presence among us.
- The golf tournament, organized by Murray Misener, was a great success again this year. There were lots of laughs, good prizes, and a great meal.
- Watch here for further news of Robert Stephen who is catapulting his way to the top of the ballet company. This summer his own choreographed ballet was performed in Banff. Robert will be dancing at the "Blue Jeans Gala" this fall at the Centre for the Performing Arts in Toronto..
- The choir will sing John Rutter's "This is the Day" on November 13th at the 9.30 service. This is the beautiful anthem sung at William and Kate's wedding in April!
- Libby Stratton, Carol Henley, Christyn Perkons and Elizabeth Wensley worked very hard to pull off the Great St. Christopher's Book Sale. They figure they had 15,000 books! We made \$3800 for Open Doors!
- Jayne Picott and company are, once again, planning the Christmas Market. If you are able to help, such as the making of tourtières, please call the church office. Watch for sign-up sheets in the Narthex.
- Eighteen teenagers, and 80 little people attended "Fun in the Sun" this August, and, indeed, had fun in the sun. Many people helped to make this successful, including Trudy Johnson, Mike Deed, and great kitchen helpers who made the days smooth and healthy!

HAVE YOU MET NANCY?



Greetings to the friendly folk at St. Christopher's.

Hello, I'm Nancy Neuman, a third year student at Wycliffe College. For the next eight months, St. Christopher's

will be my church home – for ten hours per week as I gain some practical ministry experience.

Besides being a theology student, I still work a few hours as a kinesiologist in Cardiac Rehabilitation at the Trillium Health Centre. Before working with cardiac patients, I taught science for many years. A few of those years were in West Africa with CUSO (Canadian University Students Overseas) where I met and married Roger.

While I was in Nigeria, God responded to a

request – I wanted to see the Gospel lived, not just preached. I witnessed this in the lives of Lutheran missionaries and Catholic sisters in the two schools where I taught. God has continued to show us his lively Gospel – his good news.

Roger and I have four adult children and are currently 'empty nesters', but that does not mean the house is always empty – we are blessed to have four grandchildren!

So why study theology in this season of my life? God is full of surprises!

THERAPEUTIC TOUCH

Therapeutic Touch is available every Sunday morning in the Quiet Room between services. Please drop in for a relaxing session. If the door is closed, please come in and take a seat. If you wish a treatment at another time during the week, please call the church office at 905.634.1809. One of our Therapeutic Touch practitioners will be happy to call you to arrange an appointment.



Where does your imagination take you?

At the end of August, I went to FanExpo in Toronto. For the uninitiated, FanExpo is Canada's answer to Comicon – a gathering of celebrities, fans, artists, writers, vendors and experts in the areas of science fiction, Anime, Comic books, Steampunk, movies, cult television and horror. It's an amazing experience and this year pulled a crowd of around 75,000 people. It's a great chance to escape and revel in the delights of the imagination and the fantastic worlds created (and marketed) by so many talented people. It's also a great chance to get close to some of them. I met Nichelle Nicolls... the original Urhura! People who attend this event are often passionate about their hobby – many of us were dressed up; we were welcomed, congratulated, and conversations among the most diverse crowd of people I had ever been a part of were spontaneous. Sometimes, the language used among fans was almost religious, particularly when talking about the 'Justice' of an anime world or the hopeful imagination promulgated by Star Trek's creator, Gene Roddenberry.

When it comes to the Church, I think we might have something to learn. After all, we have an imaginary world far greater than all of these. It is the real world as God created it to be – a world our Christian

Faith hopes for, longs for, presses after, struggles to glimpse and make real. The qualities of this world are beauty, justice, peace among the nations, the hungry fed, the captive set free, love known by and extended to all without discrimination. Sounds good eh? That's because it is – it is our 'Good News', our 'Gospel', it is the one that Jesus proclaimed that day he stood up in the synagogue and described why he had come:

'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour.' Luke 4.16-19 (quoting Isaiah)

I am thankful that I live in a part of the world where I can indulge in such fancies as Dr Who and FanExpo. But how much more thankful should I be for the good things I have that makes that possible – a job, shelter, freedom of work, education, movement, expression, money, food, positive relationships. Sure, life isn't perfect, but there are worlds where my imagination rarely goes – to waking on an earthen floor, to walking miles to find clean water, to hiding in fear because my own government persecutes me, to not knowing how to feed my family or pay my bills. Perhaps, if I live thankfully

and generously aware of what I already have, fewer people in the world will have to live the reality of the places my imagination is too afraid to go.



Our performing arts group is meeting at the moment every Thursday 4pm-6pm to start preparing for our Christmas Pageant. If you are aged 6+, come and join us. You'll get to sing, dance, act, play games, eat snacks, watch movies and make friends. Don't miss it! Please speak to Mary Jane or Mike Deed for more information.

G.I.F.T.

Our GIFT program this fall will be supporting the 'Kids Helping Kids' program of the Anglican Foundation of Canada. It's a great program that allows children in poor communities to go to Church, or camp, and provides accessibility for those who are disabled. It also helps Churches in these areas to buy VBS and Church school materials. Members of our GIFT program will be collecting Ttoonies to become a member of the Anglican Foundation (they get a certificate signed by the Primate), but adults can help too – by ordering a "Foundation of Hope" bear for \$20 for their child or grandchild. Please see Mike to place your order before Sunday, October 30th.



Youth Group visiting HMSC Haida

CRAZY IS NOT A HELPFUL WORD

by Sue Nicolls

Mental Illness is stigmatized in our society. Still. Even after all these generations and centuries; and despite modern medicine and treatment. We don't talk about mental illness. We as society, and Us as individuals, approach people with mental illness with judgement and prejudice and even fear. We feel uncomfortable talking about mental illness, our own or the mental illness of someone else. Consequently there is a silence surrounding the issue of mental illness. Silence leads to isolation as people feel ostracized from the mainstream of society. Silence perpetuates our lack of understanding; our judgement and prejudice and our fear.

Mental illness encompasses depression, bi polar, psychosis, eating disorders, attention deficit disorder, substance abuse and dementia. Mental illness can develop for many reasons such as, imbalance of brain chemistry, after the birth of a baby, drug or alcohol-induced, dementia, traumatic life events and head injury. Mental Illness can occur at any age. But behind all the diagnoses and causes, there are people trying to live their life through treatment and therapy; being a contributing member of society.

The Canadian Mental Health Association Halton Branch website quotes these are the facts:

- 1 in 4 Canadians will experience some form of mental illness
- 1 in 8 Canadians will develop a mental illness serious enough to require professional care
- Almost half of those admitted to psychiatric hospitals leave in less than a month, often simply needing to stabilize medication

Silence about mental illness perpetuates the stigma about mental illness. Indeed, using the word "crazy" is not helpful.

To address our lack of understanding and to offer support to people and their families, Compassion & Care is hosting an educational event called, "Breaking the Silence about Mental Illness." All are Welcome. Breakfast is included.



BREAKING
The Silence About Mental Illness
Saturday, Oct 22, 2011 8.30 to 1pm

We purposefully used the words, "Mental Illness," recognizing that we can be part of the solution in accepting people with mental illness. We can also advocate for better access to health care and treatment for people. The first step is increasing our knowledge about mental illness.

The morning begins with an Opening Plenary with representatives from youth mental health, and from the community outreach team from Joseph Brant Hospital; a person with lived mental illness experience, and a caregiver of a spouse with dementia.

- Concurrent topics include:
- An Overview of Mental Illness & Issues
 - ADAPT Halton Alcohol, Drug & Gambling Assessment Prevention & Treatment Services
 - Living a Healthy Lifestyle
 - Seniors– recognizing changes in self and others
 - ROCK– Outreach Centre for Kids
 - TAMI – Talking about Mental Illness

In the Closing Plenary, Steve Hopkins will pull together what we have learned and where we need to go from here.

To register, please sign up on the display board in the Narthex, or call Sue Nicolls @905-634-1809, or email snicolls@stchristophersburlington.com

By Breaking the Silence about mental Illness with discussion, support and education, we have the opportunity to make a difference in our community, in the lives of others and in our own life.

Stepping Stones

An Evening of Discussion and Support

Understand your feelings, when someone special dies
Listen to others and know that you are not alone
Talk, when you aren't sure who to talk to
Decrease the feeling of isolation

7.30 pm in the Quiet Room
Monday, Oct 3



Mending the Spirit
Managing Stress
Thursdays 7.30 pm in the Quiet Room
Nov 3 to Dec 8, 2011

Bereavement Service

November 6th at 4.00pm

On this day we come together especially to remember all those who have touched our own lives, and those who have died in the past year.

Please join us in worship as we remember those we love and can see no more. This is a quiet, reflective service filled with reassurance, healing, and hope. To include names of loved ones Please call Sandra at the church office 905.634.1809.

FRESH FOOD BOX

We are in urgent need of a volunteer to help on the third Tuesday of the month, between 4p.m. and 7p.m. This is to help give out the boxes and to take orders for next month. If you are able to help, please contact Rowena Broad at 905.639.4738.

We are also looking for volunteers to pack boxes on the Tuesday morning as well.

Don't forget that boxes may be ordered at any time. The cost is \$17.00 for a large box and \$13.00 for a small one.

WARDEN'S REPORT SEPTEMBER 2011

by Mike Mawhinney

As you are reading this the summer season as we know it will be over and the Church and its myriad of activities should be in a full ahead mode. July and August, which were supposed to be a quiet time, did not slow down for the Corporation, or its participants. Being a Warden this year has been both daunting, exciting and very much a learning experience. To participate as a Warden at St Christopher's is an opportunity that should be accepted if ever offered to you as a Parishioner.

The Kitchen is again a beehive of activity as the volunteers are busy producing those wonderful chutneys and pies being produced for the Christmas Market.

The Launch Sunday breakfast was a resounding success. Friendships set aside over the summer have been rekindled and conversations among the parishioners were about the forthcoming Church year and all its exciting times and changes that the Parish will be experiencing in the coming year. All the happy chatter was thanks to a copious quantity of delicious food. A very special Thank You must be given to Libby Stratton and all her willing helpers for all the hours of work put in to the organization and coordinating of the Launch Sunday breakfast.

The book sale donations were beyond anyone's belief. The organizers worked for hours sorting, packing, storing, displaying and finally selling 3 garages of books so kindly donated

by the congregation and their friends. This task took a vast amount of volunteer time. The time given by the volunteers to make this fundraiser a success was monumental. A huge Thank-You for all your work.

Several reconstruction tasks that have been happening at St. Christopher's are completed. The new roof was installed in early September. The mould remediation work is nearing completion, with dry walling and painting of the back hallway remaining to finish the process. Steve has been instrumental in ensuring that both of these major projects proceeded as efficiently as possible considering all the activities that have to be maneuvered around. The Narthex looks wonderful with its new colours. The gardens have been well looked after over the summer and are in their fall glory. The Security system at the church has been enhanced with the addition of Mike Deed's office and the two wall mounted televisions to the alarm system. All this would not have been possible if the Congregation had not united to the cause and given so generously.

So the building is in good shape this fall for the Parish return to the multitude of activities presented by the Clergy and volunteers. We can again turn our attention to our mission of reaching beyond ourselves, caring for creation, and making a difference for others. With everyone's help, we will achieve our vision!

"Let us build a house where love can dwell and all can safely live"

by Mike Deed

This is the first line of a hymn that I learned when I joined St Christopher's. We sing it often.

However, that was also the year that General Synod failed to support the marriage of Gay and Lesbian couples and the year that Gene Robinson was refused an invitation to the Lambeth Conference for being the first openly gay Bishop in the Anglican Communion. The Church has a poor track record when it comes to including members of the LGBTQ (Lesbian, Gay, Bisexual, Transgender, Queer) community.

The first year that St Christopher's had a booth at the local gay pride gathering, we were overwhelmed with support and surprise from members of the GLBTQ community and touched as people shared their stories of Churches that had hurt and rejected them.

Last year, we formed the St Christopher's Rainbow Committee. Our aim is to educate our Church community about the challenges facing those in the GLBTQ community, and to reach out and begin the healing among those whom the Church has hurt. Last year we hosted an information evening here at Church where Jacqui Fendley talked about the diversity of human sexuality and the many forms homophobia takes. We also launched a 'sponsor a book' drive and have been able to purchase

a variety of resources about diversity and inclusivity which are available to borrow from the Family bookshelf in the Narthex (children's), Room 1 (teens) or the Family Room (Adults). Look for the rainbow sticker on the spine of the book.

In the coming year we have a number of activities planned to help us be a more welcoming, affirming, inclusive and diverse faith community. We hope to fly the rainbow flag on days that are important to the LGBTQ community – Bisexuality awareness day in September, Coming out day in October, Transgender awareness day in November and the international day against homophobia in May and we will again have a booth at Burlington Pride in June 2012. We'll also be inviting anyone who wants to join us to travel with us to the Cathedral on December 1st to join in the AIDS vigil. In March we'll be facilitating a one-off book club to read, share and discuss the stories of the LGBTQ community.

Perhaps most significantly, at Vestry in February, we will invite this Church community to adopt a statement affirming our intention to be a faith community that welcomes all people as loving images of the God who became one of us. For more information, please speak to Mike Deed or Steve Hopkins or a member of the Rainbow Committee.



Salsa Evening

Coming Events:

Fall Rummage Sale -

October 14 & 15

The Fall Rummage Sale is a great time to clean out the closets and help fundraise at the same time. The money made at the sale is an integral part of our Outreach budget. Your items may be dropped off anytime and left in the Great Hall.



Not only do we need your rummage, we need your help! Please try and lend a hand on Thursday, October 13th, Friday or Saturday. We need helpers of any age. Please call the office at 905.634.1809 if you can join us, even for an hour. All help is appreciated.

Fall Clean-Up

Please mark your calendars now for clean-up day on October 29th from 9am - Noon. If you can help, please contact the office or speak with Mike Mawhinney.



Breaking the Silence about Mental Illness

Saturday, October 22nd 8:30am - 1:00pm

For more information see page 4

G.I.F.T. LAUNCH



Photo by J. Hallman



Photo by J. Hallman



From The Registry

Baptisms

- Sep 18 Evan James Duncan
- Kayden Cecilia George
- William Ronald James Hallman
- Calla Elizabeth Hunter
- Riley Elizabeth Van Loon

Death

- Sep 18 Dorothy Potts

WHAT'S A "VALUE"

by Lloyd Gesner

Many years ago I was part of major research project about "values education". It was the project of a religious scholar who wanted to find out if "values" could be taught in schools just as history or algebra is taught. Unlike blue eyes or long noses, values are not something with which people are born.

So she developed a taxonomy of values, workbooks for the students, and a variety of teaching materials. After several years of experimentation, and lots of money spent, she, and the others connected with the work, concluded that "values cannot be taught like other subjects".

Consider for example, the values of gratitude and generosity. To begin with, they are opposite concepts. Generosity means giving TO someone, while gratitude means giving BACK. We all think that we know what these words mean, but how do we learn them and make them a part of the way in which we live with others? What the research concluded was that "Values

are caught, not taught".

When Muriel and I and our small children, two and four, moved from Halifax to Minneapolis, the moving van that was carrying all of our worldly goods burned up – "somewhere in Michigan". A strut had cracked underneath the trailer, and in trying to mend it a fire started. Extinguishers proved to be useless so the contents of the unit were hastily removed and scattered on the ground around the now quite warm fire. As crowds gathered to watch, people began to help themselves to what was being thrown away, things that we had accumulated since we were married.

Because of that episode, I have always had a suspicion that somewhere in Michigan a family still dines using sterling silver implements engraved with a "G". A service for eight had been a gift from the school where I had been teaching. What was more intriguing was that someone had pilfered all of what our daughter called my "Holy clothes". Cassocks, surplices, stoles – all were gone. Who has

them? Whenever I have had occasion to attend a church service in Michigan I check the Priest's vestments very closely. Who knows?

The upshot of this was that we arrived in Minneapolis to an empty house – no furniture, just the clothes we were wearing. No pictures of our children growing up, we were devastated. Help came, though, from dozens of folks who had heard about our situation. By nightfall we had beds and bedding, chairs and tables, dishes and food and a passal of wonderful new friends. Their spontaneous outpouring of concern for us was not only helpful, it was a learning experience.

It continues, even today, to be for us the model of what is meant when we talk about generosity. It is hard to express how grateful Muriel and I were to those people who did not know us but who gave to us because they thought it was the

thing to do. As we lived and played with them over the next few years we saw that generosity given freely does not expect any reward. But generosity does something else, it begets gratitude and gratitude, in turn, begets generosity which begets gratitude again – and so on and on. It is the Way that Jesus taught – love others, and love will return to you again and again.

This was a very personal experience of learning but, in general, how do people learn values? When I was seventeen I attended The Provincial Normal College and boarded with a family where there was a four year old daughter in the household. I was straight out of Grade 11 and the High School Band, where I played a trumpet. I had asked the landlady if I would be disturbing anything if I practiced playing my horn. With her permission I would play a few pieces about

once or twice a week – just enough to keep my lip firm. On one of these occasions the door to my room opened quietly and there stood the four-year-old who stamped her foot and said, "I wish you would stop playing that damned thing!!!" Now, where did a pre-schooler learn language like that?

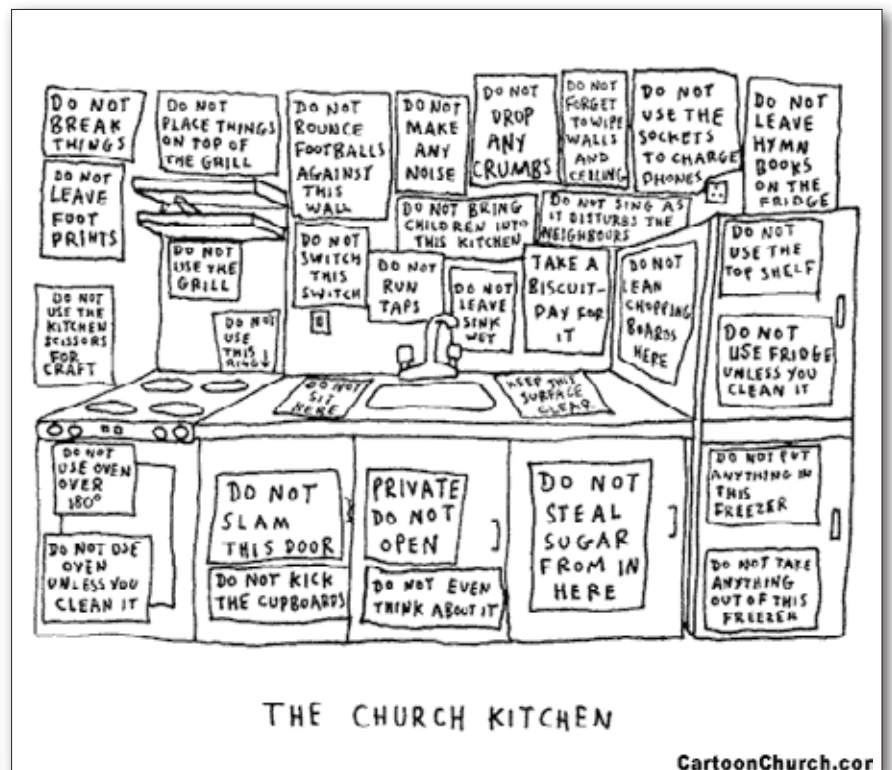
We learn values from others – from our parents, our friends, in school, on the street and, in 2011, from television, Facebook and YouTube. I hope that we also learn them in the faith community we call the Church. Gone, I hope, are the days when, as children, we were called to stand before our elders and recite the Ten Commandments – the theory being that by knowing those words we would behave in an acceptable manner. Values such as generosity and gratitude are gifts from the Spirit, They are like the flu – we catch them from each other.

Prayer Diary

Creator God, we thank you for your promise that while the earth endures seed-time and harvest, summer and winter, day and night, shall not fail. We thank you for the reliability of this good earth, for the variety of the seasons and for all the unity and contrasts of creation. We thank you for this world's agenda for the labours of men and women and for permitting us to be partners to the earth's activity. We thank you that we can nourish the miracle of life upon the miracle of harvest and we praise you for the dignity of sharing in the work of your almighty hands, O God, blessed for ever.

Dick Williams

from the Complete Book of Christian Prayer





The Messenger is published monthly for the parishioners of St. Christopher's Anglican Church. All questions or concerns should be directed to the Messenger Editor, c/o St. Christopher's Parish Office, 662 Guelph Line, Burlington, Ontario, L7R 3M8. Call 905.634.1809.

Thanks to this month's contributors: *Steve Hopkins, Mike Deed, Sue Nicolls, Lloyd Gesner, Mike Mawhinney, Nancy Newman, Jessica Hallman, Carol Henley, Noreen McNairn, Judy Jupp, Ken Beeby and Sandra Rudge*

MAILING ADDRESS

Let's Stay Connected!

Sometimes, e-mail is the easiest and fastest way to share information or ask your opinion. Don't be left out of the loop! Please make sure we have your current e-mail address by sending a message to staff@stchristophersburlington.com.

If you no longer wish to receive a hard copy of this newsletter, please let us know.

Home Baking, Pies,
Tourtieres, Pickles,
One of a Kind,
Gift Baskets, Jewellery,
and more...

Christmas Market

Plus a Penny Sale

Sat. Nov. 12th 2011

Breakfast Served
8:00am to 10:00am

Luncheon Served
11:00am to 1:00pm

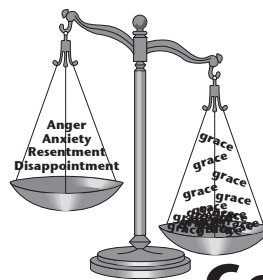
St. Christopher's Anglican Church
662 Guelph Line
Burlington ON

Let's put  st. christopher's
in the black
for 2011 with

GOLD

Help us stay in the black this year through this program.
For large donations or for items
that you wish to have appraised for donation,
come to the church from 1 to 3.30pm on

- Wednesday, Oct 5
- Saturday, Oct 15
- Wednesday, Oct 19
- Saturday, Oct 29



Gratitude & Generosity

Four Weeks to a Richer Life

Join us on four successive Wednesday evenings this Fall to explore how you can enjoy a richer life through gratitude and generosity.

7:30pm in the Great Hall on Oct 12, 19, 26, & Nov 2.

Please register on the sign-up sheet in the Narthex.